

Section 1

Chapter 1

Repentance

What is Repentance?

Repentance is simply a turn-around or a change of the **heart** and **mind**, and the setting of a new course in the right direction. From the Christian viewpoint, to repent of your sins is to realize, and be sorry that you have been wrong, but are now willing to turn away from your sins and look to Jesus Christ for His righteousness and forgiveness.

In this lesson we will attempt to show the student the different kinds of repentance as well as the different results associated with them. We will begin by saying that repentance (that is repentance toward God) is now, and always has been, necessary for salvation. For the Christian today, repentance of a sin after becoming a child of God is necessary to maintain fellowship. The New Testament is full of Scripture dealing with repentance both before and after the blood atonement of Christ. For example: Israel is told to repent by Jesus; *“...but except ye repent, ye shall all likewise perish.”* (Lk. 13:3) And Peter; *“Repent and be baptized every one of you.....”* (Acts 2:38)

The Gentiles are told by Paul to repent: *“...but now commandeth all men every where to repent.”* (Acts 17:30) And again; *“...repentance toward God, and faith toward our Lord Jesus Christ.”* (Acts 20:21)

If you have a repentant heart, then you are truly sorry for the sin in your life and feel an urgency to rid yourself of that sin and be clean before God.

Remember, God loves your fault mixed with repentance, more than your virtue seasoned with pride!

As we begin, let's look at the emotion of “sorrow” and the role it plays in repentance. *“For godly sorrow worketh repentance to salvation not to be repented of: but the sorrow of the world worketh death.”* (II Cor. 7:10) Notice that in the Scripture there are two kinds of sorrow:

Worldly Sorrow

1. The worldly type of sorrow is when you are sorry for what you did, but not sorry enough to repent! Actually, you are probably more sorry that you got caught than you are about what you **did**. You may be sorry that you got caught or that what you did caused you problems or to be hurt in some way, but you still have no real remorse or repentance in your heart. The real problem here is that although you may be sorry for what you **did** to some degree, but you don't realize that real repentance is being sorry for what you **are** (a sinner). This principle applies whether saved or unsaved. However, for the lost, sin is not one thing, or occasion, but rather a multitude of wrong doing over a lifetime. Many, both saved and unsaved are so wrapped up in themselves, and full of pride, that they can't see their own sin, but yet are quick to point out the sins of others. Do you know someone like that? A good example of that attitude is found in Luke 18:9-13:

“And he spake this parable unto certain which trusted in themselves that they were righteous, and despised others: (10) Two men went up into the temple to pray; the one a Pharisee, and the other a publican. (11) The Pharisee stood and prayed thus with himself, God, I thank thee, that I am not as other men are, extortioners, unjust, adulterers, or even as this publican. (12) I fast twice in the week, I give tithes of all that I possess. (13) And the publican, standing afar off, would not lift so much as his eyes unto heaven, but smote upon his breast, saying, God be merciful to me a sinner.”

The Pharisee, because he could not see himself as a sinner like the Publican, was bound by a worldly type of sorrow for his sins. This is a self-serving type of sorrow and will never bring true repentance. **It also will never bring salvation for the lost man nor will it bring the saved, who have sinned, back to fellowship with God**

Godly Sorrow

2. Godly sorrow, on the other hand, is the sorrow that prepares a heart for true repentance. “Godly” means to be obedient to the commandments of God and when you violate these commandments as a sinner, then Godly sorrow will bring you to repentance. You will be sorry for what you **are**, “a sinner,” as well as what you **did**, “your sin against God,” and it will move you to seek His forgiveness. One time a Sunday School teacher asked the class what was meant by “repentance.” A little boy raised his hand and said, “it is being sorry for your sins.” A little girl

then raised her hand and replied, “please, it is being sorry enough to quit!” See the difference?

Understand that a man sins because he is a sinner! In other words, men do what they do, because of what they **are**. Godly sorrow will bring a lost man to Christ for salvation. A person is born a **sinner** at the first birth, and **reborn** a son the second birth! Godly sorrow will also bring a saved person who has sinned and backslid to repentance and renewed fellowship with his Lord. Now that you have learned how Godly sorrow will lead to repentance, let’s examine the two kinds of repentance and the result each have.

Two kinds of Repentance

1. TEMPORARY: Remember that repentance is a change of the heart and mind. However a temporary change is not a result of “Godly Sorrow,” but rather “worldly sorrow” of the flesh which lacks the conviction necessary for lasting repentance. A good example of temporary sorrow is Pharaoh: *“And Pharaoh sent, and called for Moses and Aaron, and said unto them, I have sinned this time: the Lord is righteous, and I and my people are wicked.”* (Ex. 9:27) Although Pharaoh repented and Moses stopped the hail and fire, his regret was only temporary, and he still refused to let the children of Israel go.

Then in chapter 10:16 Pharaoh again repented temporarily so Moses would get rid of the locusts, and his heart was once more hardened, so he went in pursuit of Israel to recapture them. This temporary repentance was only a regret of the flesh and was not based on “Godly sorrow.”

Result of Temporary Repentance: Pharaoh regretted what he had done to Israel, but it was not a sincere heartfelt regret that would yield a permanent repentance. It should be noted that the result of this temporary regret eventually cost Pharaoh his life.

Another good example of temporary repentance is Judas: *“Then Judas, which had betrayed him, when he saw that he was condemned, repented himself, and brought again the thirty pieces of silver to the chief priest and elders. (4) Saying, I have sinned in that I have betrayed the innocent blood.....” (5) And he cast down the pieces of silver in the temple, and departed and went out and hanged himself.”* (Mat. 27:3-5)

By his own testimony, Judas regretted what he had done, and repented long enough to return the money and admit that he had sinned. However, that repentance was extremely short-lived as he went directly out and hanged himself rather than showing repentance toward God and seeking His forgiveness.

Temporary repentance will always bring death for the lost person who dies in their sins. That is, it will bring the “second death” in the Lake of Fire. For a Christian such insincere repentance simply separates one from fellowship with God. The Scripture is clear however, that in some cases there is a “sin unto death” for the Christian. (Study I Cor. 5 for a good example of this.)

You can be sure that if there is no repentance, there can be no pardon. The following story is a good example of that rule: *Several years ago a murderer was sentenced to death for his crime. However, the State was deeply indebted to his brother who because of that indebtedness, was able to get a pardon granted. He then went to visit the condemned brother to give him the good news but first decided to ask a question. He asked; “What would you do if you received a pardon?” “The first thing I would do.” said the condemned man, “would be to hunt down the judge that put me here and kill him. Next I would find and kill the chief witness against me.” The free brother then rose and left the prison with the pardon in his pocket. This man’s unrepentant heart cost him his life and his salvation. Was it worth the cost?*

2. PERMANENT: Permanent repentance is a lasting one brought about by a Godly sorrow that brings with it salvation. ***“For godly sorrow worketh repentance to salvation not to be repented of: but the sorrow of the world worketh death.”*** (II Cor. 7:10)

The prodigal son is a good Scriptural example of Godly sorrow. He left his father’s house and lived a life of sin until he became empty, broke, and destitute. But he realized his sin, was truly sorry, and came back to his father asking for forgiveness; ***“I will arise and go to my father, and will say unto him, Father, I have sinned against heaven, and before thee, (19) And am no more worthy to be called thy son: make me as one of thy hired servants.”*** (Luke 15:18-19)

Do you see the differences with the prodigal son? He was repentant enough to leave his sin, follow through with his convictions, and return to the father. He quit

his sin! Thus his repentance was a permanent one rather than just temporary.

When you sin, is your sorrow a worldly sorrow, that is temporary or a Godly sorrow that will bring a permanent change and obedience to Christ? So we see that repentance has many faces: Worldly, Godly, Temporary, Permanent etc. There is however, another aspect of repentance, and that is Time. It has been said: "*If we put off repentance another day, we have a day more to repent of!*" And also, "*He that has promised pardon, has not promised life until we repent.*" So, "*You cannot repent too soon, because you never know how soon it may be too late.*" Be careful that you don't put off the repentance of sin that you know is necessary for you to be right with God. If you do you will surely regret it one day!

*I looked upon a farm one day, that once I used to own;
The barn had fallen to the ground, the fields were overgrown,*

*The house in which my children grew, where we had lived for years..
I turned to see it broken down, and brushed aside the tears.*

*I looked upon my soul one day to find it too had grown
With thorns and nettles everywhere, the seeds neglect had sown.*

*The years had passed while I cared for the things of lesser worth:
The things of Heaven I let go when minding things of earth.*

*To Christ I turned with bitter tears, and cried "O Lord forgive!
I haven't much time left for Thee, not many years to live."*

*The wasted years forever gone, the days I can't recall;
If I could live those days again, I'd make Him Lord of all.*

Theodore W. Brennan

What condition is your Spiritual house in today? The second part of the next lesson will show you how to determine the answer to that question.

Notes

Name: _____

Bread of Life Quiz

Spirit Series

REPENTANCE

Lesson 1

This is a true or false quiz. in the space provided place T for True or F for False.

1. Repentance is a change or a "turn around" toward the right direction. _____
2. You don't have to repent to be saved. _____
3. Many people think they are good and they don't realize they are sinners. _____
4. When you are born, you are not a sinner. _____
5. Godly sorrow can lead to repentance. _____
6. It's okay to live as a sinner as long as you plan to repent in the future. _____
7. The Pharisee was "right with God" and had no need to repent. _____
8. The Bible tells us to repent or we shall perish in Luke 13:3. _____
9. Many who hate other people still think they are righteous. _____
10. You should feel Remorse for your sins and want God to cleanse you. _____
11. Paul refused to tell the Gentiles to repent. _____
12. Pride can cause people to die and never be saved. _____
13. There is only one kind of repentance. _____
14. The prodigal son went home because he was hungry. _____
15. Some people are only sorry about their sins if they are caught. _____
16. God can "read" what is in your heart and mind. _____
17. If we are very good, we can still go to Heaven. _____
18. Judas is a good example of temporary repentance. _____
19. Temporary repentance will lead you to Jesus. _____
20. We all need to repent and be saved before it's too late! _____

Section 1

Chapter 2

The Trinity Of God and Man

God does things in threes. Perhaps because He Himself is a trinity, or three part being. Maybe this is why He set up the world around us in three's. For example:

- * Space divides into length, width, and depth
- * The universe is made up of time, space, and matter.
- * Time divides into past, present, and future.
- * Above us is the atmosphere, ionosphere, and stratosphere.
- * West of the Atlantic Ocean divides into North America, South America, and Central America.
- * East of the Atlantic you have Europe, Africa, and Asia.
- * There are three races: black, white, and yellow.
- * People are men, women, and children.
- * The Bible was written in Hebrew, Aramaic, and Greek.
- * The Old Testament divides into the Law, Writings, and the Prophets.
- * The New Testament has the, Gospels, Acts of the Apostles, and the Epistles.
- * There is the Old Testament, New Testament, and the Word (Jesus)

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Why did God do things in three's so much? Maybe that's because He is a Trinity Himself. That's right! God has **three** parts! Although He is **one** God, He has **three** distinct personalities: God the Father, God the Son, and God the Holy Ghost. The Bible has this to say on the subject: "***For there are three that bear record in heaven, the Father, the Word, and the Holy Ghost: and these three are one.***" (I John 5:7) The scripture is very plain here about the three parts of God since John 1:1-14 identifies who the **Word** is. The **Word** is Jesus! "***And the Word was made flesh and dwelt among us,.....***" (John 1:14) Also see I Tim. 3:16, Acts

20:28 etc. The Holy Ghost is also God! See Acts 5:3-4. So, the Holy Trinity is real regardless of what the cults say!

Here is the breakdown of that three part nature:

- 1) God the Father.....the Soul**
- 2) God the Son.....the Body (Jesus)**
- 3) God the Holy Ghost.....the Spirit**

So, we see that the one true God is made up of three parts and has a tripartite nature. Therefore, since man was made in the Image of God according to Scripture, he too is a Trinity, having a body, a soul, and a spirit! *“And God said, Let us make man in our image, after our likeness:...”* *“So God created man in his own image, in the image of God created he him: male and female created he them.”* (Genesis 1:26-27)

There you have man created with three parts like God. The Apostle Paul understood and accepted this three part man as evidenced in his letter to the Thessalonians: *“And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.”* (I The. 5:23)

Now that we have looked at scripture proving the Trinity of both God and man, let’s consider a practical example of a three part object. Think of a football. The outer **cover** is one part, the **tube** inside is another, yet you still need a third part, the **air**, to make a complete football. We all know the physical relationship they have to each other. The tube inside takes on the same shape as the outside cover whether it’s a football, basketball, or a tire. Likewise the soul of man inside is the same shape as the outward body. With that relationship in mind, let’s see what the Bible has to say about the characteristics of each part of man’s Trinity.

THE BODY

Man’s earthly body is referred to as a “tabernacle” in the Bible. It serves as the cover, or home for both the soul and spirit. For **those that are saved**, it is called a “temple” and is the home for the Holy Ghost as well. *“What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God’s.”* (I Cor. 6:19-20)

Understand, it is every Christian's responsibility to keep their temple (body) clean and separated from the **world**, the **devil**, and the sins of the **flesh**.

THE SOUL

The soul is inside the body until death. In Luke chapter 16 beginning at verse 19, we find some revealing information about the "soul body." The rich man had died, his body was in the grave and his soul had gone to hell. *"There was a certain rich man, which was clothed in purple and fine linen, and fared sumptuously every day: [20] And there was a certain beggar named Lazarus, which was laid at his gate, full of sores, [21] And desiring to be fed with the crumbs which fell from the rich man's table: moreover the dogs came and licked his sores. [22] And it came to pass, that the beggar died, and was carried by the angels into Abraham's bosom: the rich man also died, and was buried; [23] And in hell he lift up his eyes, being in torments, and seeth Abraham afar off, and Lazarus in his bosom. [24] And he cried and said, Father Abraham, have mercy on me, and send Lazarus, that he may dip the tip of his finger in water, and cool my tongue; for I am tormented in this flame."*

Although some say this is a parable, they just show their ignorance! Names are never given in a parable! The man Lazarus was a real man in the Bible while parables are unreal, or hypothetical illustrations. The rich man is not given a name, since no one in hell has an identity so far as we can tell from Scripture. It is not a place where lost sinners can all know each other and gather up for some big eternal party! It's a place of torment! It's a place of suffering for the sins of a lifetime that were never washed away with the Blood of Jesus Christ. If you go there, my friend, you will be concerned with your own pain and misery, and not the names of other lost souls there! GET SAVED!

Notice that the soul referred to in those verses has a tongue, eyes, and can feel pain as well as be thirsty, wear a robe (Rev 6:11), and display emotion about others coming to such a terrible place. From these facts we can determine that the soul is the same shape as the body of flesh that we can see and feel. So, understand that our earthly body is simply a container for our soul that lives inside. The human soul and God's Soul are both invisible to our earthly eyes. Although, the Father (soul) cannot be seen by us (Jn. 1:18), Jesus said,..."he that hath seen me, hath seen the Father." (Jn. 14:9) In other words, you can see the body, Jesus, but not the soul (the Father).

THE SPIRIT

The Holy Ghost is likened to the wind in the Bible: *“And suddenly there came a sound from heaven as of a **rushing mighty wind**, and it filled all the house where they were sitting. And there appeared unto them cloven tongues like as of fire, and it sat upon each of them. And they were all filled with the Holy Ghost, and began to speak with other tongues, as the Spirit gave them utterance.”* (Acts 2:2-4)

So the first appearance of the Holy Ghost is evidenced by the sound of a **rushing** mighty wind. Those who know their Bible are not surprised at this, since the word “spirit” comes from the Greek word **pneuma**, which means **air**. If you have a pneumatic drill it is run by air. If you have pneumonia, you have a problem with your air and breathing! The Spirit is like the wind! *“The wind bloweth where it listeth, and thou hearest the sound thereof, but canst not tell whence it cometh, and whither it goeth: so is every one that is born of the Spirit.”* (John 3:8) You can’t see it, but it’s there!

Notice also, the capital “S” in the word Spirit. That is the Holy Ghost being referred to and not man’s spirit which is never capitalized. The next verse shows both spirits. *“For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of God knoweth no man, but the Spirit of God.”* (I Cor 2:11)

Although this is a short lesson, if you believe the Bible, it should give you a basic understanding of the Trinity.

Name: _____

Bread of Life

Spirit Series

TRINITY OF GOD AND MAN

Lesson 2

This is a true or false quiz, in the space provided place T for True or F for False

1. The three parts of God are Faith, Hope, and Charity. _____
2. The word "Trinity" means five (5). _____
3. In the Trinity of God, God's Body is Jesus Christ. _____
4. The Trinity of man is body, soul, and spirit. _____
5. Not all humans have a soul. _____
6. In John 1:14 the "Word" is talking about the things we say. _____
7. In I John 5:7, the Bible says the Father, The Word, and the Holy Ghost are ONE ! _____
8. The Bible tells us to keep our bodies clean and separated from the world, the devil, and the sins of the flesh. _____
9. The Holy Spirit is compared to "wind" in the Bible. _____
10. Man must be born again Spiritually to be saved. _____
11. We can see each other's spirits. _____
12. Your body becomes perfect and redeemed at the Rapture. _____
13. To be saved, we must be born-again. _____
14. Many people have actually seen the soul of God. _____
15. The word Spirit comes from the Greek word "pneuma" _____
16. People who are baptized in a church go to Heaven. _____
17. The Holy Ghost is the Spirit of God. _____
18. "Water birth" is talking about when your Mother birthed you (the physical birth). _____
19. God created man in His own Image. _____
20. A saved man's body in the Bible is referred to as a "Temple." _____

Section I

Chapter 3

Necessity For Salvation

Many lost people have the attitude: *"Why do I have to be born again? I live as good as most Christians! I don't smoke, drink, curse, steal, and have never killed anyone! How can so called Christians live like everyone else sometimes and still go to Heaven? What makes saved people different from unsaved people?"* These are valid questions and deserve an answer from an infallible source, God's Word. The Bible is the only book on the face of the earth that has accurately prophesied over 300 events that took place exactly as predicted! So, with that record of infallibility and the odds of "several trillion to one" in our favor, we are confident in using God's Book as our source of information. We will use it as a final authority **on the fall of man, the necessity for, and the way to salvation, as well as why Christians are different.**

By now you should have a good understanding of the Trinity. So, with that knowledge, let's look a little deeper into the spirit of man: As you will recall, Adam was originally created in God's Image (Gen. 5:1 & 1:27), but something happened! Adam and Eve were told that they would die if they disobeyed God (Gen. 2:17) and they did die, first spiritually, and then later physically. Consequently, all born after the "fall" of Adam and Eve, were born in the image of Adam, with a **dead spirit**, instead of in the Image of God with a live spirit. (Gen. 3:5) ***"Wherefore, as by one man sin entered into the world, and death by sin; and so death passed upon all men, for that all have sinned:"*** (Rom. 5:12)

We were all born dead spiritually! That is why Jesus told Nicodemus:... ***"Except a man be born again, he cannot see the kingdom of God."*** (John 3:3) ***"Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God."*** (John 3:5)

We are all born of the flesh (natural, or water birth). But you must be born of the Spirit (Holy Ghost) also, if you want to go to Heaven. Verse six (6) explains that the new birth required is not one of the flesh (water) but of the Spirit. ***"That which is born of the flesh is flesh; and that which is born of the Spirit is spirit."***

They are two (2) different things! You need the Spiritual rebirth. Once you are born again by the Holy Ghost, you then regain the Image of God . ***“And have put on the new man, which is renewed in knowledge after the image of him that created him:”*** (Col. 3:10) Also, once saved, the spirit is quickened and made alive again. ***“And you hath he quickened, who were dead in trespasses and sins;”*** (Eph. 2:1) The saved person’s spirit is now joined to the Spirit of God. ***“But he that is joined unto the Lord is one spirit.”*** (I Cor. 6:17)

The newborn child of God becomes a new creature in Christ Jesus. (Eph. 2:1) He now has a live spirit and a body that is dead to sin. (Read Rom. 6:6 and 11) Also: ***“And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness.”*** (Rom. 8:10)

Isn’t that wild?? You were born with a dead spirit and a live body, but after you are born again, you have a live spirit and a dead body (dead to sin)! In other words my friend, you have swapped a lifetime of sin for the righteousness of Jesus Christ. There has never been a better deal than that since time began!! Amen?? Amen!!

Imagine: the soul is saved (Heb. 10:39), the spirit is born again (I Cor. 12:13), and now the body awaits that day of “redemption.” What does that mean? Since the body was not healed and made perfect at salvation it will be redeemed when the Lord comes back for His people, at the Rapture (see study on the Blessed Hope). At that time those saved will receive a new body that is perfect. “Who shall change our vile body, that it may be fashioned like unto his glorious body,” See Phil. 3:21. Also, I John 3:2, and Ps. 17:15 for an account of those who are saved receiving a new body like Christ's.

These are the things that make the Christian different! Christians are not perfect, but they are forgiven! They wear the righteousness of the only perfect One who ever lived, the Lord Jesus Christ. Now, The question is.....

Have You Ever Been Born Again?

IF NOT, STOP AND ASK YOURSELF: WHY? IS IT WORTH THE RISK TO PUT IT

OFF? The Bible says; "For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord" (Rom.. 6:23) "...Believe on the Lord Jesus Christ, and thou shalt be saved..." (Acts 16:31)

It's free!! It's easy!! Why would you refuse so wonderful a gift, especially when the only other option is to die in your sins and suffer eternal punishment and separation from the God that created you???

SETTLE IT NOW
Your Soul Depends on it!

Realize that you are a sinner, born with a sinful nature because of what Adam and Eve did, and that God provided a way for you to redeem yourself. Realize it's free, however you must ask for the gift to receive it!

Repent now! Admit to God that you are a lost sinner, and the best way you know how, in your heart, turn away from that sin and seek forgiveness, and the free gift of salvation God provided through Christ.

Receive Jesus Christ! Believe in your heart, and confess with your mouth in prayer that Jesus died on the cross for your sins, rose from the dead, and that this sacrifice alone is full and complete payment for your sins. Tell Him: "**Lord, I know I'm a sinner in need of salvation, and I believe with all my heart that Jesus died on the cross for my sins and that His Blood alone is full payment for my sins. So, I now receive Jesus into my heart as my Lord and Saviour.**" Do it now!

Notes

Name: _____

Bread or Life Quiz

Spirit Series

NECESSITY OF SALVATION

Lesson 3

This is a true or false quiz, in the space provided place T for True or F for False

1. Everyone is born with a sinful nature. _____
2. All born after the fall of Adam and Eve are born in the image of God . _____
3. Jesus told Nicodemus to obey the ten commandments to be saved. _____
4. When you get saved, the spirit is "born again, and the soul is saved from sin. _____
5. Not all humans have a soul. _____
6. If you are saved you are one Spirit with the Lord. _____
7. When saved you become a new creature "in Christ." _____
8. You don't have to be "born again" if you live good, obey the 10 commandments, and take care of the poor. _____
9. You were born with a dead spirit and a live body. _____
10. The "water birth" is being baptized in water for salvation. _____
11. Your soul goes to heaven as soon as you are saved. _____
12. Your body becomes perfect and redeemed at the Rapture. _____
13. To be saved, we must be born-again. _____
14. Many people have actually seen the soul of God. _____
15. A lot of people wait to long and then die and go to Hell before they are saved. _____
16. People who are baptized in a church go to Heaven because baptism in water saves. _____
17. When you are saved you regain the image of God. _____
18. "Water birth" is talking about when your Mother birthed you (the physical birth). _____
19. God created Adam and Eve in His own image but after they sinned all born afterward were born in the image of Adam. _____
20. If we do enough good work, we will make God happy and he will save us. _____

Section I

Chapter 4

Understanding Salvation

There is much confusion today among both lost and saved people concerning salvation. I have been asked many times the question: “What do you mean by **“being saved?”** or, **“Why do I need to be saved?”** From these questions we see that many lost people do not understand what salvation is, much less the **NEED** for, or the **WAY** to it. While we might expect this ignorance from the lost who are blinded by the devil (II Cor. 4:3-4), it’s surprising today how much confusion exists among the saved concerning salvation.

For example, it is hard to find a saved, “born again” child of God, who could, if his soul depended on it, tell you what actually took place **spiritually and physically** when he was saved and then back it up with Scripture! This lesson is designed to help you understand that very thing: **What took place at the very moment you were saved, what changes resulted, and where do you go from here?**

Review Of The Need And The Way

As we have covered in previous lessons, the **need** for salvation is a result of us all being born with a **sinful nature and a dead spirit**. We inherited this condition from our forefathers all the way back to Adam and Eve who disobeyed God by eating the forbidden fruit. We will not belabor that story again since most of you know in your heart (hopefully) that you are a rotten sinner and need God’s forgiveness anyway.

The way to salvation has also been covered and by now you should know that there is only one way to get to heaven and that way is through **Jesus Christ** (not some priest, preacher, or church). Jesus said it Himself: **“I am the way, the truth, and the life: no man cometh unto the Father, but by me.”** (Jn. 14:6) God again backed up this statement in John 1:29 where he identified Jesus as The One who would take away the sins of the world.

Remember, Jesus said in John chapter three that **“...Ye must be born again.”** He explained that it was not another physical (or water) birth that was needed, (which was impossible anyway) but rather a **Spiritual rebirth that was needed**. This

was necessary to quicken, or make alive, the dead spirit you were born with, and reestablish you in God's likeness rather than Adam's sinful likeness. So, assuming you have carefully studied the previous chapters 1-3 of the Spirit Series, we will begin with what actually happens to you when you are "born again."

Doctrines Of Salvation

What Happens When You are Saved? It is important that you read Colossians 2:10-14 very carefully. This is what really happens Spiritually when you are saved. Notice that there is an operation performed by God that is called a circumcision, and that operation is performed without hands. This obviously means that it is **Spiritual circumcision and not a physical circumcision by man as in the Old Testament.**

The physical circumcision of the OT which cut loose and cast away the filthy part of the flesh, was a type, or picture, of the Spiritual circumcision by the Holy Ghost that was to come later after Christ rose from the dead. This Spiritual Circumcision would also cast away the filthy or sinful part, the body! Watch this.

A very important aspect of this Spiritual operation was that it **"put off the body of the sins of the flesh."** (V11) Put it off from what? From the soul!! A circumcision goes all the way around what is being circumcised, so when a man is saved, his soul (which is the same shape of his body, Luke 16) is cut loose from his body all the way around and separated from it!!! This operation is called "Spiritual Circumcision" and it comes with the baptism of the Holy Ghost!

Let's back up and explain it in a different way: A. The need for the Spiritual Circumcision was because: after Adam and Eve disobeyed God every one after them is born with their soul stuck to their body. Therefore, the soul and body were considered the same or synonymous in the Old Testament because they were joined. (See Ps. 59:2-3, 63:9, also Prov. 13:4, 25:25 and Lev 22:6) So, when the body sinned, that sin touched the soul also.

B. Understand that no one in the Old Testament (OT) was born again because there was no Spiritual Circumcision before Christ died on the cross. So the sins of the OT saint's body were never separated from the soul like our Spiritual Circumcision now. Consequently, the OT saint's salvation was based on faith with an element

of works, i.e. sacrifices and obedience to the Jewish Law etc. **He had to work to stay clean because the soul and body were stuck together until death....You don't! Your salvation is by faith only. No works are necessary to get it or to keep it.**

Why? Because, your body is the part that sins. But if you are saved it has been put off, or separated, from the soul and spirit. So, the sins of the body will not be on the soul, which is the part that is saved when the spirit is quickened. Then the Holy Ghost seals you (Eph 4:30) until the Day of Redemption when you will get your new glorified body. (Rom 8:23, Phil 3:21) Read the references !!! Isn't that wonderful??!!? Has it dawned on you yet just how awesome salvation really is! Do you see now how permanent it is ?

C. Consider these things: Before salvation, you are Spiritually dead “in your sins.” (Eph 2:1) Your sins are part of your flesh (Col 2:11, and Rom 7:17-18, 24). You are “in your sins” because you are in your flesh. Your sins are a part of you and you are a part of them. If you don't get saved, you will die in your sins (Jn 8:24) and go to hell. (Rev 20:11-15) After salvation, you are FREE from sin. (Rom 6:18, 22, 8:2) Sin no longer touches the soul. But sin is still present in your body. (Rom 7:17-18) This is why the Holy Ghost has to cut you loose from your body as the Bible describes in Col 2. **Since the body also sins after one is saved, those sins will be reaped in the flesh even though the soul is still free from it!**

D. Changes that come with the New Birth:

* After the Baptism of the Holy Ghost and Spiritual Circumcision, a new man is formed inside and you become a new creature “**in Christ.**” (II Cor. 5:17) The Holy Ghost in-dwells your body. (I Cor. 3:16)

* You now have two natures: The outward man and the inward man. The old man and the new man. (II Cor. 4:16, Eph. 4:20-24)

* The old man is sinful (Eph. 4:22, I Jn. 1:8-10) and **the new man is sinless** (Eph. 4:24, I Jn 3:6 and 9). The old man wants to sin as before and the new man wants to do what is right. (Rom 7:18-25) However, the Christian has the power in him to lay down the “old man” and put on the new man (Gal. 2:20, and Rom.13:14, 12:1-2, 6:6).

- * You are baptized into Jesus Christ (I Cor. 12:13) and into his death, burial and resurrection. (Rom 6:3-4, and Col 2:12)
- * The new man is married to Jesus Christ (Eph5:30) and will receive a new glorified, sinless, perfect body like His at the Day of Redemption. (Rom. 8:23 and Phil. 3:20-21)
- * Once you are in, there is no getting out! You are part of Him. (Rom 8:38, II Tim 2:13) The inward man is perfect before God at all times, because he is in Christ. (I Jn 3:6, 9, 3:5, 4:17, and Phil 1:6)
- * In God's eyes, He kills your flesh. (Rom 6:6-8, 11-12, 7:1-5, 8:9-10) Now, the Christian is dragging around a corpse. **LOST MAN:** Live Body - Dead Spirit. **SAVED MAN:** Dead Body - Live Spirit.
- * The soul is saved from hell (Mat 10:28, Heb.10:39) and the spirit is born again. (John 3:6)
- * He regenerates your spirit (Tit 3:5-6, Jn 3:3-7) and joins it to Christ's Spirit. (ICor. 6:17)
- * The spirit is connected with the mind (Eph 4:23, Jn 4:24), so one of the evidences that a person has been **born again** is that he thinks differently than he did when he was lost. He becomes conscious of God's presence because the Holy Ghost is indwelling the body. (1Cor 3:16)
- * Your sins are forgiven. (Col 1:13-14) You no longer have to die in your sins, you die in Christ. (Jn 8:24, and I The 4:16)
- * You passed from death unto life. (I Jn 3:14, and Rom 6:23) You passed from darkness into light. (I Pet 2:9, and II Cor. 4:3-4)
- * Your name is written in Heaven forever (Lk. 10:20, Phl4:1-3, and Rev 20:15), and you are given eternal life. (Jn. 10:28, 3:16, 5:24, and I Jn 5:11-13)
- * The wrath of God is removed from you (Jn 3:36, and Rom. 1:18), and you receive an inheritance. (Eph 1:11, I Pet 1:3-5, Jn 14:2-3, and Phl 3:20-21)

The Bottom Line: The bottom line is that if you are saved you have "got it made!" As far as salvation is concerned, that is. Now, pleasing God in that salvation is something else. **You will reap what you sow in the flesh!!**

Understand the simplicity of salvation: The process of being "born again" that we have discussed is called regeneration. You are re-created. (Tit 3:5, II Cor. 5:17) Regeneration is a **work of God** which He performs on a person when that person receives Jesus Christ. (Jn 1:12-13) You cannot **will** the New Birth but you can **will** to receive Jesus. (Rev 22:17) Since salvation is not of works (Eph 2:8-9), there are no works on your part to believe in Christ. (Rom 4:4-5)

Once the sinner has been saved, God simply **justifies him by imputing Christ's righteousness to him.** (Rom 4:3-8, 22-25, and Acts 13:38-39) This righteousness is a free gift! There is actually a swap. The sinner gets Christ's righteousness and Christ gets the sinner's sins!! (II Cor. 5:21) **So the sinner gets credit for Christ's spotless, sinless life although he didn't live it!** Now that is the greatest deal you could ever make! Amen? Amen!! **Hidden in Christ forever!** Sanctified, and set apart from sin. (I Tim 2:21, I The. 4:3) The sinner is also adopted into the family of God as a Son, (Gal 4:4-7, Rom 8:14-15, I Jn 3:1-2) having been reconciled back to God through Jesus Christ. Imagine, Jesus Christ with you in one hand and God the Father in the other, has brought you back, and joined you to the Father forever. (Rom 5:10, 11, II Cor. 5:18-20) And I mean forever! Hallelujah!

Ambassadors For Christ: The saved become ambassadors for Christ (II Cor 5:20) and are called Spiritual Priests. (I Pet 2:5, and Heb. 13:15) God would not give us these designations and the calling that goes with them without equipping us for His work. Aside from our need for Spiritual growth here, the only reason God does not take us to Heaven as soon as we are saved, is that He has work for us here on earth. We should consider it a privilege to serve our Saviour.

Jesus suffered, bled, and died as a ransom for all who will accept the free gift of salvation. (ITim 2:56) We are bought with a price (I Cor. 6:19-20), and that price is God's Blood. (Acts 20:28, Rev 5:9, Eph 1:7, and I Pet 1:18-19) Thank God He loved us that much. Doesn't that make it easy for you to love Him in return? And to serve Him by showing others?

It's amazing how many things take place when a sinner is born again. Even the Heavenly Host rejoices when a sinner comes to Christ! (Lk 15:10) We have tried to paint you an in- depth picture of New Testament salvation. Hopefully, you have a better understanding than you did when we started. You should also feel more secure in your salvation than ever before if you read all the references. You can't argue with God's Word!! If you didn't understand the lesson it is very likely because you did not read the references. Read them, and the three chapters before this one, and believe what God says in His Book.

Name: _____

Bread of Life Quiz

Spirit Series

UNDERSTANDING SALVATION

Lesson 4

This is a true or false quiz, in the space provided place T for True or F for False

1. We were all born with a sinful nature and a dead spirit. _____
2. You don't need Jesus for salvation if you live a good spiritual life and you give money to those in need. _____
3. To be saved you have to obey the Ten Commandments. _____
4. No one in the Old Testament was born again because Spiritual circumcision started with the new Covenant after Jesus resurrected. _____
5. When you sinned in the flesh in the Old Testament, your soul sinned also because they were joined together. _____
6. Once you are saved, you become a part of Christ empowered with the Holy Spirit and you will be saved forever. _____
7. If you are not saved now, you have another chance in "Hell" to come to Christ. _____
8. We receive Christ's righteousness when we are born-again. _____
9. A saved person has a dead body and a dead spirit. _____
10. Ephesians 2:8-9 says we can't work our way into Heaven, we get there by grace through faith. _____
11. After we are saved, we need to keep it a secret so we won't make our friends and family feel bad because they are lost. _____
12. We received salvation through the precious Blood of Jesus. He paid for our salvation. _____
13. When you come to Jesus, your name is in the "Lamb's Book of Life" forever. _____
14. You can never be forgiven of all your sins. _____
15. After you are saved, and the flesh sins, your soul is protected because it is separated from the body and sealed. _____
16. Salvation is a "Swap" - we receive Christ's righteousness and Christ receives our sins. _____
17. If you are lost, the wrath of God is on you according to John 3:36. _____
18. If you are saved, God sees you as perfect because you are washed in the blood of Jesus. _____
19. Satan can blind lost people so they will think they don't need to be saved. _____
20. To go to Heaven you must be "born again". _____

Section I

Chapter 5

Baptism Of The Holy Ghost

When people hear the word baptism, they usually think of water. However there are seven different baptisms in the Bible and all are not water. We will be dealing with one of those in this chapter and the others will be covered in a separate study. **The baptism we are dealing with now is the baptism of the Holy Ghost. This is the baptism that comes through the Lord Jesus Christ.** It is not a physical one, such as with water, but rather a Spiritual Baptism that takes place at the time of salvation.

To get an idea of the origin of this baptism, and its relation to the Holy Ghost we need to go back to the time of John the Baptist and see what the Bible says: John was baptizing with water according to the Old Testament Jewish water baptism, and then when Jesus appeared John told the crowd: ***“.....Behold the lamb of God which taketh away the sin of the world.”*** (John 1:29)

And then he later described the event: ***“And John bare record saying, I saw the Spirit descending from heaven like a dove, and it abode upon him. And I knew him not: but he that sent me to baptize with water, the same said unto me, upon whom thou shall see the Spirit descending, and remaining on him, the same is he which baptizeth with the Holy Ghost. And I saw and bare record that this is the Son of God.”*** (John 1:32-34)

John makes it plain in these verses that this baptism of the Holy Ghost is something new and different, and it comes with Jesus. With that beginning, let's look first into the purpose of Jesus coming to earth, and then more detail on this new baptism.

WHY HE CAME

Jesus came to take away the sins of the world according to John. Jesus further verified this Himself when He said: ***“For the Son of man is come to seek and to save that which was lost.”*** (Luke 19:10) You see, God sent Jesus to provide a way for us to get rid of the dead spirit we inherited from Adam. God further ordained that Jesus would be the only way to obtain that born again Spirit necessary for salvation. ***“For there is one God, and one mediator between God***

and men, the man Christ Jesus. Who gave himself a ransom for all, to be tested in due time.” (I Tim. 2:5-6 and also John 14:6)

So Jesus is the one and only way to salvation, and baptism of the Holy Spirit comes with that salvation. Let’s review some things about salvation from chapter two (2) on the Trinity, which covered the three elements necessary for salvation:

- 1) **CONVICTION**- A person must understand and believe that they are a sinner.
- 2) **REPENTANCE**- Be willing to turn away from that sin in the heart.
- 3) **TRUST CHRIST**- By faith, trust Jesus Christ alone for salvation.

HOLY GHOST BAPTISM

Once these conditions are met, a person is born again and baptized by the Holy Ghost. To get a good understanding of what takes place at this time, one should study the following scripture and enclosed diagram: (Ephesians 4:5) *“One Lord, one faith, one baptism.”*

Alright, we know which Lord is the right one! Amen? And we know which faith is the right one, but if there is more than one baptism, which is the right one? The scripture here says there is only one, but we will show you a verse that shows more than one! What is going on? Let’s check it out in (Matthew 3:11) *“I indeed baptize you with water unto repentance: But he that cometh after me is mightier than I, whose shoes I am not worthy to bear: he shall baptize you with the Holy Ghost, and with fire.”*

Here we find three different baptisms, **water**, **Holy Ghost**, and **fire**, in one verse, but Ephesians 4:5 said there was only one! Since we know the Bible does not contradict itself, there is only one conclusion! The simple answer is there is only one **real baptism** and that is the **SAVING BAPTISM** that puts you **into** Jesus Christ, and that is The Baptism of the Holy Ghost!

John indicated that Jesus was bringing something more important than his “Old Testament water baptism” which was to manifest Christ to Israel. (see John 1:31) Also, note that John’s baptism is before the Blood atonement and resurrection of

nothing toward salvation. But rather the water baptism is showing a good conscience toward God since he commanded us to do so **after** we were saved.

To put it another way, John's Old Testament **water baptism** typified the **spiritual baptism** that was to come under the new covenant, the same way the Old Testament Jewish **physical circumcision** typifies the **spiritual circumcision** that comes with the Holy Spirit baptism in new covenant times.

OLD TEST.	NEW TEST.
Water baptism	Spiritual baptism
Physical circumcision	Spiritual circumcision

WHAT HAPPENS?

Now, let's look at how Spiritual baptism puts you in Christ, and what changes take place. Since you must be changed, God operates on you! That's right, you are Spiritually circumcised by an operation made without hands. Your sinful, unclean body is put away from the soul, which is sealed until the day of redemption. Read Colossians 2:10-14 VERY CAREFULLY, and Ephesians 4:30, and then study the baptism diagram in this lesson.

“And ye are complete in him, which is the head of all principality and power: In whom also ye are circumcised with the circumcision made without hands, in putting off the body of the sins of the flesh by the circumcision of Christ: Buried with him in baptism, wherein also ye are risen with him through the faith of the operation of God, who hath raised him from the dead. And you, being dead in your sins and the uncircumcision of your flesh, hath he quickened together with him, having forgiving you all trespasses; Blotting out the handwriting of ordinances that was against us, which was contrary to us, and took it out of the way, nailing it to his cross;” (Col. 2:10-14)

What you have just read is an account of the spiritual circumcision and Holy Ghost Baptism you receive when you are saved. These five verses are loaded with the truth you need to understand salvation. Let's look at some points brought out in the text.

* **You are complete in Christ. Nothing else is needed for salvation.**

- * **The circumcision is Spiritual because it is done without hands.**
- * **The sinful body is put off from the soul and spirit, and is reckoned dead (see # 5 illustration on the chart.)**
- * **Your sins were blotted out at the cross.**

THANK GOD FOR SPIRITUAL CIRCUMCISION! AMEN?

As we mentioned earlier, the physical circumcision commanded for the Old Testament Jew, was a “type,” or “picture,” of the New Testament Spiritual circumcision to come later. As a point of interest, the physical circumcision performed by the Jews under the Law, was done on the eighth day from birth. God probably chose this day because blood clots better on the eighth day than at any other time. Also, it is significant that eight is the number of “new beginning” in the Bible. Therefore, as the child is beginning a new physical life, so is the newborn Christian starting afresh spiritually, as a new creature in Christ.

Here are some other things that happen when you are baptized by the Holy Ghost. You should look up the verses and carefully study them.

- **Your spirit is quickened. (Ephesians 2:1)**
- **You are Baptized into Christ. (Galatians 3:27)**
- **You are married to Christ. (Romans 7:4)**
- **Your Spirit is joined to Christ. (I Corinthians 6:17)**
- **You are sealed unto redemption. (Ephesians 4:30)**
- **Your soul is saved. (Matthew 16:26 and (Hebrews 10:39)**
- **You are seated in Heavenly places. (Ephesians 2:6)**
- **You become a new creature. (II Corinthians 5:17)**
- **You are crucified with Christ. (Galatians 2:20)**
- **Your body is now dead to sin. (Romans 6:11)**

So this is what Jesus was talking about when he said, “**ye must be born again.**” The spirit that was born dead because of Adam’s sin, is now quickened, and alive, and joined to the living God!! What a wonderful gift from our great God, to those who will receive it!! Like someone once said, “If you are born again you are born twice, therefore you only die once! But if you are only born once, you will die twice” (Once the natural death and again in the Lake of Fire). **So, be sure you are BORN AGAIN and “get in” the family of God.**

In the process of salvation we have studied, the soul was saved, the spirit was born again, and both *“sealed unto the day of redemption.”* However, the body is yet to be redeemed. (See Romans 8:23) Obviously, if the body was made perfect at the time of salvation, you would never get sick, or grow older. The truth is, that even saved, sanctified, Godly people get sick, grow old, and the body eventually fails and dies.

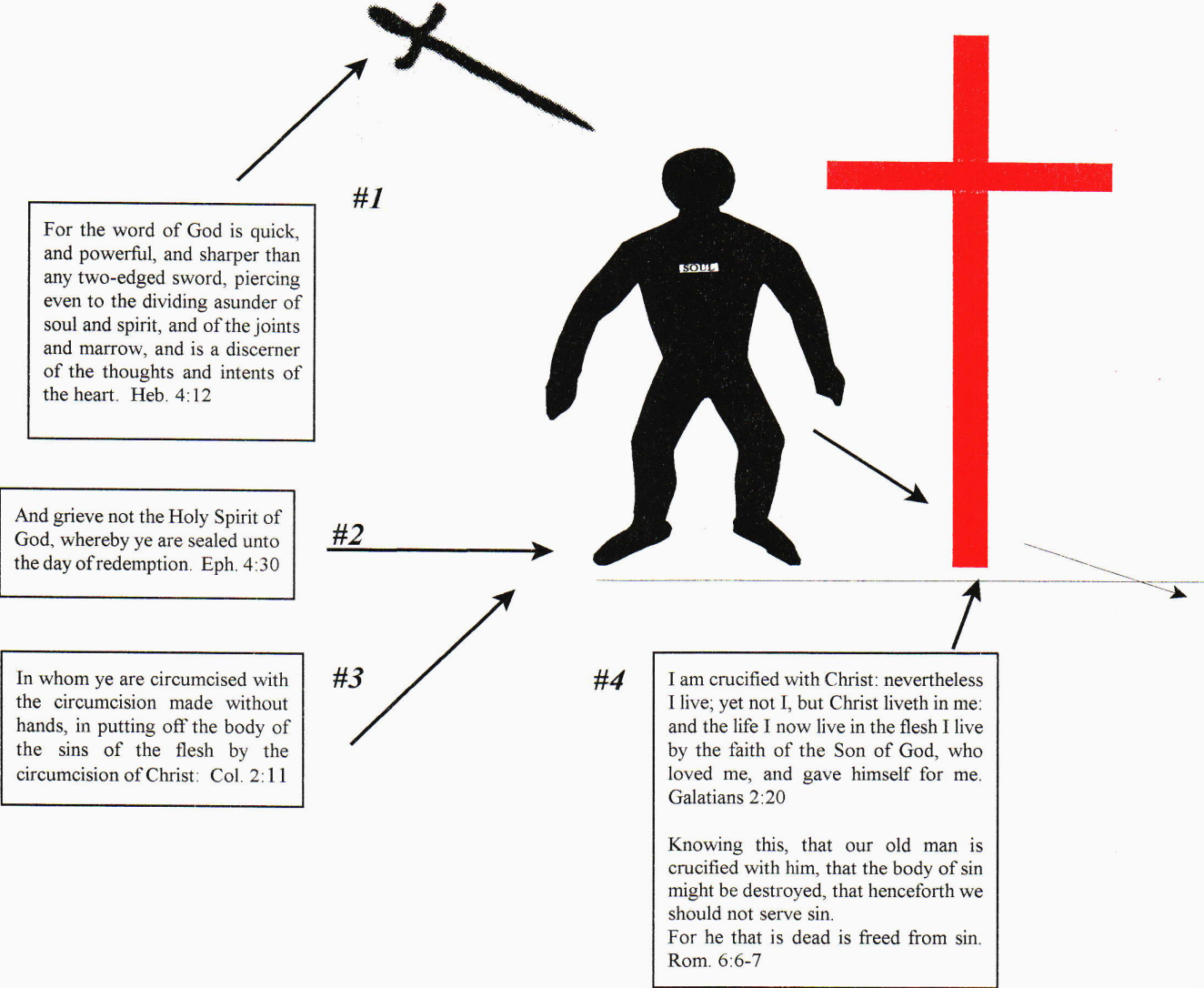
The day of redemption for the body will be at the time of the “Rapture,” when all those who are saved will meet Jesus in the air. (I The. 4:16-17) At that time the saved will get their new and perfect body, like Jesus’. (Philippians 3:21) *“Who shall change our vile body, that it may be fashioned like unto his glorious body, according to the working whereby he is able to subdue all things unto himself.”* Also, (I John 3:2) *“.....but we know that, when he shall appear, we shall be like him; for we shall see him as he is.”*

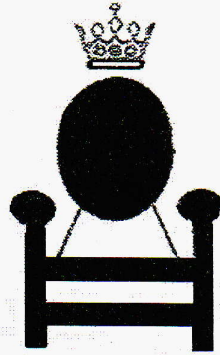
Did you get that?? A perfect 33 year old body like Jesus'. No more sickness, no more aging, no more death!! Think of the saved grandmothers and grandfathers who will be young again, and the small children in heaven who will get a grown body at last! God’s people will finally be together in one accord. This and other future prophecies are covered in detail in the chapter on **Future Prophecy**.

You should have a good understanding of Spiritual Baptism now. Be sure to study the diagram where you will find a picture of what we have been talking about, along with the corresponding verses. Study all the verses given and you will see how wonderful God’s great salvation really is!!

Notes

This Chart pictures salvation and baptism of the Holy Spirit. As Christ died, was buried, and rose from the dead, this illustration pictures your Spiritual circumcision, your death, your burial, and your resurrection as a new creature in Christ Jesus, when you are saved.





#8

And hath raised us up together, and made us sit together in heavenly places in Christ Jesus: Eph. 2:6

#7

At that day ye shall know that I am in my Father, and ye in me, and I in you. John 14:20

But he that is joined unto the Lord is one spirit. I Cor. 6:17



#6

Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new. II Cor. 5:17

Therefore we are buried with him by baptism unto death: that like as Christ was raised up from the dead by the glory of the Father, even so we also should walk in newness of life.

For if we have been planted together in the likeness of his death, we shall be also in the likeness of his resurrection: Rom. 6:4-5



#5

Likewise reckon yourselves also to be dead indeed unto sin, but alive unto God through Jesus Christ our Lord. Rom. 6:11

And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness. Rom. 8:10

Notes

Bread of Life Quiz

Spirit Series

BAPTISM OF THE HOLY SPIRIT

Lesson 5

This is a true or false quiz, in the space provided place T for True or F for False.

1. The baptism that comes by Jesus under the New Covenant is Spiritual. _____
2. We are baptized with the Holy Ghost when we accept Jesus as our Saviour. _____
3. If you are a preacher or a Sunday School Teacher you will go to Heaven. _____
4. Romans 8:9 says “—if any man have not the Spirit of Christ, he is none of his.” _____
5. In Old Testament times under the Law, people were saved by faith & works. _____
6. If you are never Spiritually circumcised, that means you are not saved and you will go to Hell. _____
7. II Cor. 5:17 says we become a new creature when we are saved. _____
8. When Jesus raptures us, we will have the same body we have now. _____
9. Galatians 3:27 explains that we can't be baptized into Christ. _____
10. Your sins were paid for at the cross and you are Spiritually circumcised when you are saved. _____
11. Godly people get sick, grow old, and die. _____
12. I Cor.6 says, “But He that is joined unto the Lord is one spirit.” _____
13. Jesus came to seek and save that which is lost. _____
14. Another name for Jesus is the “Lamb of God.” _____
15. If you are baptized in a church (in water) you will go to heaven for sure. _____
16. Jesus paid the full price for our sins when he died for us. _____
17. There is no way that you can “work” your way to Heaven in modern day times. _____
18. John the Baptist baptized with water, but Jesus baptizes us with the Holy Spirit. _____
19. Before you are saved, you need to understand that you were born with a sinful nature and have sinned against God. _____
20. Physical circumcision in old times was a type of the Spiritual circumcision we receive now in the Church Age. _____

Section I

Chapter 6

Walking In The Spirit

A New Dimension

As we know from the Bible, God is a Spirit with no beginning and no end. As it says in Psalms 90:2, ***“Before the mountains were brought forth, or ever thou hadst formed the earth and the world, even from everlasting to everlasting, thou art God.”*** This God-Spirit wanted companionship....someone to love and fellowship with. So first, He created a new dimension, the physical realm. ***“In the beginning God created the heaven and the earth.”*** How did He do this?? ***“.....And the Spirit of God moved upon the face of the waters. And God said, Let there be....”*** (Gen. 1:1-3)

And just like that, God spake into existence, the earth, sun, moon, stars, and the planets, and then He created man. ***“So God created man in his own image, in the image of God created he him; male and female created he them.”*** (Gen.1:27) The physical realm was created, so God rested.

Man was made a Trinity like God (see Chapter two, The Trinity of God and Man). Three parts, yet one man: **(1) Body:** Is just a container, a home for the soul and spirit **(2) Soul:** Your living soul body is the invisible you. (Your thoughts, feelings, emotions, and desires) **(3) Spirit:** Invisible, and like the wind, it too, is a living thing, but only if you are **born again.**

And now, God had created man in His Image, and with a higher intelligence than the animals because of His desire to fellowship with man in the Spirit, and to have man love Him as **He loves us.** Man however, lost that original fellowship through sin, and now must be born again of the Spirit (John 3) to restore it. Unfortunately, in today's times, many, though saved and **“in Christ,”** with salvation restored, are more concerned with desires of the flesh than with seeking the Spiritual walk and fellowship that God longs to have with us. This lesson is to help the saved overcome the world and the flesh and draw closer to their Lord and Saviour Jesus Christ and to come to know Him better than ever before.

The New Creature In Christ

First let's cover some fundamentals for the new Christian. Take your Bible and read Romans chapters 6—8 carefully. Notice first that being saved and “in Christ” means that you become part of His death and resurrection as well!! **“Therefore we are buried with him by baptism into death: that like as Christ was raised up from the dead by the glory of the Father, even so we also should walk in newness of life.”** (Romans 6:4)

God expects His people to walk in newness of life!! To live and walk in the new Spirit and not the flesh. **“Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.”** (II Cor.5:17) There are some things that the new man should know, and be confident in, that will help in his daily walk with God.

Know These Things. Know that you are saved, and that you have already overcome .(I John 4:4, 5:4) The “old man” died at Calvary. **“I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me.”** (Gal. 2:20)

Know the flesh is dead to sin. You must be confident in your salvation. Understand that the Spiritual circumcision in Colossians 2 (read it) separated the real you, the soul, from the filth of the flesh and sealed your soul and spirit unto the day of redemption of the body. (Eph 4:30, and Rom 8:23)

Know that you have put off the old man and that you have put on the new man. (Col. 3:9-10)

OFF THE OLD MAN

Adam
Carnal
Flesh

ON THE NEW MAN

Christ
Spiritual
Spirit

Know that death has no more dominion over us after we are saved according to Romans 7-10. What a wonderful thing salvation is! God's people never again have to worry about the second death (Hell)!! Understand, however, that sin can separate us from fellowship with God the same way disobedience separates us from

our earthly parents. Like God, they may be angry or disappointed, but we still belong to them. Once born into a family you're always a member!! Are you in God's family?

Reckon on Christ. *"Likewise reckon ye also yourselves to be dead indeed unto sin, but alive unto God through Jesus Christ our Lord."* (Romans 6:11) "To reckon" means "to count on." So, you can reckon on your new life through Christ knowing you are alive only through Him. You must understand that you cannot live the Christian life yourself! You must learn to let Christ live it through you! So then, count on Christ and that spiritual walk with Him because you can't do it yourself in the flesh. *"So then they that are in the flesh cannot please God."* (Romans 8:8) It must be done in the Spirit. *".....I can do all things through Christ which strengtheneth me."* (Phil. 4:13)

The Daily Walk

The daily walk is simply being in **complete submission and fellowship with God and being in His presence as you go about your day**, including Him in all aspects of your life. This is a Spiritual nearness that is manifested through His love for us and our love for Him. In it's fullest form it can bring a calmness to the soul, an unshakable faith and a oneness with God never before experienced.

There are Christians who spend their whole life trying to achieve this close fellowship with God through the religious traditions of ritualistic prayer, reading the Bible and going to church. God's people often must force themselves to do these things, finding little joy or fulfillment from them and never understanding why. Haven't there been times when you realized you were just going through the motions and that your heart was not really into praying or going to church and it was just out of a feeling of obligation that you went? Many have "been there and felt that." What is wrong in these cases? Assuming it's not your church, and it may be, it's probably no personal relationship with the Saviour! So what is the answer?

The key is to establish that personal relationship! An ongoing fellowship and communion with Jesus Christ. Then prayer becomes a meaningful part of that union, the spirit hungers for God's Word, and fellowship with the saints at church is something you look forward to and it's not just an obligation! Now God's in it!

In order to walk daily in the Spirit of God and in fellowship with Him, you must saturate yourself with the Lord Jesus Christ. This is necessary to push the world out! He simply wants to be an active part of your daily life. So, include Him! Seek His advice, companionship, and presence in your daily routine. This, of course takes practice, but you can do it! Practice the presence of God! **Understand that He wants all of you, and that you can't live with your heart and affections set on things of this world and still please God.**

He wants to be your first love and number one in your heart. You should want that same relationship, and when it happens the Lord will really begin to reveal Himself to you like never before. Then, and only then, will the fruits of the Spirit, the love, joy, peace, happiness, and other blessings manifest themselves in the believer's life. There are some keys that will help make this happen.

Communicate With God: God's greatest desire concerning mankind is to communicate with His people. That is why the reward is so great for those who do have a close relationship and walk with Him. Your relationship with Him is the single most important thing in your life and you should accept that as fact. You may ask how do I go about doing this?

The answer is hard to put into words because it is a Spiritual matter. The Holy Spirit will have to do the work in your heart, **so ask Him before you start.** Then try this for a beginning. Bring Him to the forefront of your daily life by **beginning and continuing** each day in His presence. Don't discard Him with the customary "Amen" after a morning prayer, but rather take Him with you all day imagining Him at your side at all times. Talk to Him about the little things in your daily life. Praise Him for His goodness. **Tell Him you are His and totally surrendered to Him and His will in your life.** Seek guidance and listen closely as He speaks to your heart. Most Christians are better at asking than they are at listening. Don't be one of those. Quote your favorite Scriptures to Him and use them as a basis for conversation. Fellowship, fellowship, fellowship with The One who lives inside. Make this a daily routine and soon you will hunger for His presence every day, every hour, and every minute.

Without this relationship it is easy to drift away and let the Lord become a "spare tire" God. That is, one only pulled out when needed and then returned to some far away place called Heaven until needed again. All God hears from this crowd are

their desires of the flesh!! The traditional “backslid” Christian has his rituals designed to help him live the Christian life. Remember, you can’t live it, He has to live it through you. Pray when you need something, go to church three times a week, try to do something for the Lord (even when you don’t want to). This is not the Love relationship God had in mind when He created man. Then there’s another type who is so busy doing things for God, but doesn’t take time to fellowship and get to know Him! Sometimes it is necessary to stop the physical works we are doing for Him, and have a heart meeting in the Spirit!

A good example of this is the two sisters in Luke 10:38-42. One was busy serving the Lord and the other was spending her time fellowshiping with Him. Guess which one the Lord counted as the most important? Read the story.

It’s hard for some Christians to realize that He is actually here, inside the believer, and waiting to communicate on the Spiritual level. A constant communion and fellowship in the Spirit is more what our Lord had in mind and in that setting the traditional things take on new meaning and are done from a love desire of the Spirit rather than from a traditional religious obligation.

* **Prayer** is the primary medium through which we express our feelings, needs, desires and thanks to our God. It is one of the two most powerful things in the universe. James 5:16 says: “...*The effectual fervent prayer of a righteous man availeth much.*” God loves to hear from you, but make it part of your on-going daily conversation with Him rather than some stiff, ritualistic, three times a day, get on your knees, be formal and reverent, etc. prayer that puts both you and God to sleep. He is looking for the fervent heart to heart communication.

* **Bible** reading and study places the Scripture in our hearts and minds for use by the Holy Ghost. It is the Living Word of the Living God, the source of our faith and a mirror to our soul. God speaks to us, and through the Scripture instructs us in all matters of faith and practice. You can read it in the flesh and it will do little but put you to sleep. On the other hand, if you are in sweet fellowship with your Lord and abiding there, you will consume it as Living Water as God feeds you with its untold riches.

Christians should realize that God’s Word can have great power in their lives if they will receive it in the Spirit. Someone said, “the Bible is God’s love letter to

us.” Therefore we should love it, receive God’s instructions from it and teach it to others as God provides the opportunity. It is the other most powerful thing that exists, along with prayer. God's Living Word and our prayers to Him are an awesome combination.

Remember this: The power of prayer and Bible study in your life is directly related to your relationship and nearness to Jesus Christ. **Everything else will fall in place naturally if you nourish that relationship.** It all begins with a mutual love between He and thee; the flesh yielding to the Spirit!!

*** YOU MUST YIELD TO GOD:** *“Neither yield ye your members as instruments of unrighteousness unto sin: but yield yourselves unto God, as those that are alive from the dead, and your members as instruments of righteousness unto God.”* (Romans 6:13)

Your whole **body, mind, and soul**, along with your will should be **yielded** to God. To **yield** is to recognize that God has the right of way in your life and then to let Him lead the way. Simply put, you must be willing to follow Him in the Spirit rather than to follow your flesh down the road it desires. Believe it or not, you’ll be happier following Him!! God will never let His child find happiness in a life of sin. You can count on that! *“For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.”* (Rom. 8:13)

“Let not sin therefore reign in your mortal body, that ye should obey it in the lusts thereof.” (Rom. 6:12) Yes, you will sin after you are saved, but the verse says not to let it “reign,” that is to have “supreme authority” or “power” over you. If you slip up and sin, *“.....we have an advocate with the Father, Jesus Christ the righteous:”* (I John 2:1)

To get rid of the sin that separates you from the Father, you must repent of your sins and confess them to restore that sweet fellowship. *“If we confess our sins, he is faithful and just to forgive us our sins, and cleanse us from all unrighteousness.”* (I John 1:9) Remember, you will likely still be punished because **“you reap what you sow,”** but at least you are forgiven and back in fellowship with your God!

—
— * **Another Yield:** There is another kind of yield that means to “produce.” The
— fruit tree “yields” much fruit. Likewise a Christian “walking in the Spirit,” will
— naturally bear fruit for the Saviour.
— (Romans 6:22) *“But now being made free from sin, and become servants to God, ye have your fruit unto holiness, and the end everlasting life.”* Paul said; *“...but I desire fruit that may abound to your account.”*

Christian, lost people are watching you, hoping you will sin so they can use that to justify their own sin!! Don't give them any excuse by your actions!

— If you are walking in the Spirit daily, lost people will see Christ in you and your
— life and be drawn to the Saviour because they desire the same love, joy, peace,
— confidence and happiness they see in your life. **Although a Christian should be busy spreading the gospel to win souls, many will be won or lost simply by your testimony and the life you live before the world.** So be aware that the lost are watching, and remember, your life can produce a great yield of souls for the Lord Jesus if you “walk the walk.”

— Jesus said to lay up for yourselves treasures in heaven because where your treasure
— is, there will your heart be also (Mat. 6:21). Those things that we do for Christ are
— eternal and will last forever, while the things of this earth will all burn up one day.
— (II Pet. 3:10) Look at it this way: **Your life will soon be past, only what's done for Christ will last!** So serve Him well.... and because you love Him, not because you think you have to!

— **Remember These Things:**

- * **God** created us to love and fellowship with Him. **Do it!**
- * **Know** you're saved - be confident in your salvation.
- * **Reckon** on Jesus to keep you alive to God.
- * **Yield** to God and His will; Follow Him.
- * **Labor** and He will produce fruit that your yield for Christ will be great.
- * **Communicate** with God. Walk in His presence.

— And if life still sometimes seems hard, remember what Paul said; **“For I reckon that the sufferings of this present time are not worthy to be compared with**

the glory which shall be revealed in us.” (Rom. 8:18)

This chapter may well be the most important one in this entire volume of studies to the Christian. It can be difficult to put into words, but the basics are here. The reader may want to read it again, asking the Lord to reveal more than is here to the heart.

Name: _____

Bread of Life Quiz

Spirit Series

WALKING IN THE SPIRIT

Lesson 6

This is a true or false quiz, in the space provided place T for True or F for False.

1. God is a Spirit with no beginning and no ending. _____
2. One reason God made us in His Image was because he wants our love and fellowship. _____
3. To live for Jesus is easy and you don't need any help. _____
4. Phil. 4:13 tells us we have an advocate with the Father. _____
5. All you have to do to have a wonderful relationship with God is pray and read your Bible. _____
6. When you talk to God you need to be formal and ritualistic because God is Holy. _____
7. Your whole body, mind, and soul, should be yielded to God. _____
8. Romans 6:12 says that we are all sinners. _____
9. James 5:16 says "the effectual fervent prayer of a righteous man availeth much." _____
10. You need to live a Godly life so people will see Jesus in you and want to be saved. _____
11. We don't need to worry about the "second death" when we are saved. _____
12. The King James Bible is the "Living Word of the Living God". _____
13. God really doesn't care too much how you live as long as you are saved. _____
14. You have the Holy Spirit living in you ONLY IF YOU ARE SAVED. _____
15. The wrath of God is on all un-believers. _____
16. The sisters in Luke 10:38 - 42 were Martha and Sarah. _____
17. Romans 8:13 says if "You live after the flesh you shall die." _____
18. Sometimes it is necessary to stop the Physical Works we are doing for the Lord and have a Heart meeting in the Spirit. _____
19. You need to ask the Holy Spirit to work in your heart before you pray or read your Bible. _____
20. You must be confident of your salvation. _____

Bread of Life Quiz

Name: _____ ID# _____
 Facility: _____
 Address: _____
 City: _____ State: _____ Zip _____

Master Answer Sheet # 1

Spiritual

Repentance	Trinity	Necessity Of Salvation	Understanding Salvation	Baptism Of The Holy Spirit	Walking in the spirit
Chapter 1	Chapter 2	Chapter 3	Chapter 4	Chapter 5	Chapter 6
1. _____	1. _____	1. _____	1. _____	1. _____	1. _____
2. _____	2. _____	2. _____	2. _____	2. _____	2. _____
3. _____	3. _____	3. _____	3. _____	3. _____	3. _____
4. _____	4. _____	4. _____	4. _____	4. _____	4. _____
5. _____	5. _____	5. _____	5. _____	5. _____	5. _____
6. _____	6. _____	6. _____	6. _____	6. _____	6. _____
7. _____	7. _____	7. _____	7. _____	7. _____	7. _____
8. _____	8. _____	8. _____	8. _____	8. _____	8. _____
9. _____	9. _____	9. _____	9. _____	9. _____	9. _____
10. _____	10. _____	10. _____	10. _____	10. _____	10. _____
11. _____	11. _____	11. _____	11. _____	11. _____	11. _____
12. _____	12. _____	12. _____	12. _____	12. _____	12. _____
13. _____	13. _____	13. _____	13. _____	13. _____	13. _____
14. _____	14. _____	14. _____	14. _____	14. _____	14. _____
15. _____	15. _____	15. _____	15. _____	15. _____	15. _____
16. _____	16. _____	16. _____	16. _____	16. _____	16. _____
17. _____	17. _____	17. _____	17. _____	17. _____	17. _____
18. _____	18. _____	18. _____	18. _____	18. _____	18. _____
19. _____	19. _____	19. _____	19. _____	19. _____	19. _____
20. _____	20. _____	20. _____	20. _____	20. _____	20. _____